



Vancouver Island
DENTAL SPECIALISTS

1ST ANNUAL WINTER SYMPOSIUM

FULL DAY EDUCATIONAL EVENT

JANUARY 20 2024

REGISTER NOW

FEATURING

Clinical subjects will span the disciplines of periodontics, prosthodontics, oral surgery, endodontics and oral medicine

Related topics include: dental hygiene, laboratory concepts, alternative medicine, and practice management.

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CREDITS

REGISTRATION

WINTER
SYMPOSIUM



REGISTRATION FEES

DENTISTS \$125.00 +GST
STAFF \$95 +GST

PAYMENT OPTIONS

Cheque payable to VI Dental Specialists
or etransfer to stacey@videntalspecialists.com

REGISTER

Email stacey@videntalspecialists.com
or call: 250-824-1724

Symposium has a participant limit: **200** participants

LOCATION

Coast Bastion Hotel

11 Bastion St, Nanaimo, BC V9R 6E4

<https://www.coasthotels.com/coast-bastion-hotel>

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Vancouver Island
DENTAL SPECIALISTS



250-824-1724
VIDentalSpecialists.com

#102-6545 Portsmouth Road
Nanaimo, BC V9V 1A3



- 8:00AM – 8:30AM** Registration CHECK IN
- 8:30AM** Welcome and review the day with Dr. Sonia Leziy
- 8:40AM – 9:10AM** Dr. Mark Olesen (Endodontics)
- 9:10AM – 9:15AM** Q&A
- 9:15AM – 9:45AM** Shelley Roy / Kelly Smith (Alternatives to pain management)
- 9:45AM – 9:50AM** Q&A
- 9:50AM – 10:20AM** Dr. Rajan Saini (Oral medicine)
- 10:20AM – 10:45AM** COFFEE BREAK
- 10:45AM – 11:15AM** Neil Applebaum (Protec dental laboratory)
- 11:15AM – 11:20AM** Turnover time and Q&A
- 11:20AM – 11:50AM** Dr. Brahm Miller (Prosthodontics)
- 11:50AM – 12:20PM** Dr. Mathieu Nault and Dr. Iain Hart (Periodontics)
- 12:20PM – 1:20PM** BUFFET LUNCH
- 1:20PM – 1:50PM** Vancouver Island Dental Specialists hygiene team
- 1:50PM – 1:55PM** Q&A
- 1:55PM – 2:25PM** Dr. Chris Olynik (Oral surgery)
- 2:25PM – 2:30PM** Q&A
- 2:30PM – 3:00PM** Patti Briggs (Practice management)
- 3:00PM – 3:10PM** Q&A
- 3:10PM – 3:40PM** Dr. Sonia Leziy (Periodontics)
- 3:40PM – 3:45PM** WRAP-UP
- 3:45PM – 5:00PM** WINE & CHEESE AND PRIZE DRAW



DR. MARK OLESEN

ENDODONTICS



ROOT RESORPTION: DIAGNOSIS AND TREATMENT CONSIDERATIONS

Some teeth with resorption can be treated with a good prognosis. Others cannot, but are they hopeless?

It is easy to make an incorrect treatment recommendation if we do not understand the different types of root resorption.

This lecture will discuss the diagnosis and pathogenesis of root resorptions and considerations of whether to treat, extract, or monitor.

Mark Olesen received his dental degree from the University of British Columbia in 1988. He practiced general dentistry for 6 years and then in 1996 completed his graduate program in endodontics at the University of Southern California. Mark has been practising endodontics for more than 20 years in North Vancouver and has devoted much time to study clubs and teaching.



SHELLEY ROY NOEL / KELLY SMITH

PAIN MANAGEMENT

PSILOCYBIN SAVED MY LIFE: USING PSILOCYBIN MUSHROOMS TO MANAGE CHRONIC PAIN, TRAUMA, AND DEPRESSION

- The neurobiology of chronic pain, trauma, and depression
- The cultural use of psychedelics
- Microdosing for mental health
- Shelley's story of a TBI
- The future of psychedelics and psychotherapy

Kelly Smith *MSW, RSW*

Kelly is a masters level social worker and psychotherapist registered in ON, BC, and NB. She specialises in trauma, using body-centred psychotherapy using play, sand tray, bodywork, movement, EMDR, and AEDP. Kelly is an experienced workshop presenter. Kelly recently moved to Vancouver to work using ketamine-assisted psychotherapy (KAP) and is in the Therapsil training for the use of psilocybin in therapy.

Shelley Roy Noel, *patient and practitioner.*

Sharing the story of my journey with psilocybin, and supporting other people in their experience with support and custom integration.



DR. RAJAN SAINI

ORAL MEDICINE



OROFACIAL PAIN / PHANTOM TOOTH PAIN - UNCOVERING THE MYSTERIES

Every now or then in our dental practice, we come across a perplexing case of tooth pain for which no odontogenic cause could be recognized.

Phantom tooth pain also called atypical odontalgia, or a psychogenic toothache is a neuropathic pain characterized by chronic pain in a tooth or teeth, or at a site where teeth have been extracted or following an endodontic treatment, without an identifiable clinical or radiographic cause. Over time, the pain may spread to involve more extensive areas of the face or jaws.

In this talk, I will discuss different types of Orofacial pain with emphasis on Phantom tooth pain, briefly explaining the relevant pain pathways involved and basic concepts of neuropathic pain. I will also review various orofacial pain conditions that could result in phantom tooth pain and management strategies of this type of pain condition to help your patients in your office.

ABOUT DR. RAJAN SAINI

BDS MDS (Oral Path) Ph.D. FRCD(C) Dip. ABOMP

Dr. Rajan Saini is a Canadian Board-Certified Specialist in Oral Medicine and Oral Pathology. He is also a Diplomate of American Board of Oral and Maxillofacial Pathology and a Fellow of the American Association of Oral and Maxillofacial Pathology. He completed a post-graduate Oral Medicine and Oral Pathology residency program from UBC/ Vancouver General Hospital. Dr. Saini is a Clinical Assistant Professor at Faculty of Dentistry, UBC and also practices Oral Medicine privately on the Island for the last five years in Nanaimo, Ladysmith and Parksville.



NEIL APPELBAUM

LABORATORY

35 Years of Dental Expertise and Innovation

MAXIMIZING THE POTENTIAL OF DIGITAL DENTISTRY

UNLOCKING ITS FULL POTENTIAL IN DENTAL PRACTICE,
WITH A GLIMPSE INTO AI'S IMPACT

In this presentation, we will delve into the untapped potential of digital dentistry and explore the reasons why it remains underutilized in many dental clinics.

Digital dentistry offers a wealth of opportunities for improving patient care and practice efficiency, and it's time to harness these benefits to the fullest. Additionally, we'll take a peek into the world of AI and how it is making an impact already.

Neil Appelbaum is a seasoned dental professional with over three decades of experience in the field. As a respected Registered Dental Technician (RDT) and a Kois Certified Specialist, Neil has dedicated his career to the pursuit of excellence in dental prosthetics and technology. His journey has been marked by innovation, leadership, and a relentless commitment to advancing dental laboratory practices.

PROFESSIONAL HIGHLIGHTS:

Visionary in Digital Dentistry: Neil has been at the forefront of developing digital processes and cutting-edge technology in the Dental Laboratory space. His visionary approach has helped transformed Protec Dental Laboratory into an efficient, high-tech lab, enhancing precision and patient outcomes.

Neil Appelbaum has been recognized as a Kois Certified Specialist, reflecting his unwavering commitment to staying at the forefront of dental techniques and knowledge. He is focused on developing digital technology and embracing AI to advance the dental space.



PROSTHODONTICS

DR. BRAHM MILLER

Vancouver Island Dental Specialists - MSC, DDS, Dipl Pros, FCDSBC, FRCDC



PROSTHODONTICS AND IMPLANT DENTISTRY

Implant dentistry is a team effort between the surgical, restorative, and technical teams. Improving the communication skills between the team members optimizes the esthetic and functional outcomes.

The impact of current digital workflow trends in implant therapy is clearly improving outcomes and predictability of treatment. From the prosthetic perspective, the important steps in the planning phase start with establishing the emergence profile from the time of surgery by using custom healing abutments or provisional restorations, then transferring the soft tissue profile to the technician on confirmation of integration and finalized with the delivery of the restoration that reflects the established tissue contours and restoration esthetics sought by the patient.

This presentation focuses on the post-surgical restorative concepts that clinicians need to be aware of to reduce complications and to improve esthetic success. The beauty of your restorations: it's about the implant, its position and how you handle the tissues with restorative procedures.

KEY TAKE-HOME POINTS:

- Understand what your surgical team member needs to provide as the implant substructure to ensure that you will be successful in meeting your patient's expectations.
- Recognize the value in the use of optical scans, understand how to reduce scan errors in transmitting information to your technician.
- Ceramic materials- be informed as to what is available, what is indicated for your case. This is a collaborative decision with your technician.
- Screw-retained and cemented restorations- Both are required in clinical practice today for implant rehabilitations. A look at unique handling considerations and the pros/cons to both methods.



DR. BRAHM MILLER

DDS, MSc. Dipl Pros, FCDS(BC), FRCD(BC)

V VANCOUVER ISLAND DENTAL SPECIALISTS - CLINICIAN

Dr. Miller, Prosthodontist, Vancouver Island Dental Specialists (Nanaimo), completed his dental degree (DDS) at McGill University and post-graduate degree in Prosthodontics at the Medical College of Virginia. He is a Fellow of the Royal College of Dentists of Canada.

Dr. Miller has held numerous editorial board positions during his career, along with memberships in many prestigious societies/academies including the AAED, the ICOI, Association of Prosthodontists of Canada and of BC. Dr. Miller has also acted as a key opinion leader and consultant for numerous implant and dental technology companies including Nobel Biocare, BioHorizons, Rodo technologies and 3Shape.

Dr. Miller lectures internationally on implant-based oral rehabilitations and dental ceramics. He has been recognized for much of his career as a top clinician in continuing education by Dentistry Today. He has contributed 4 textbook chapters and is published in numerous peer reviewed journals.



DR. MATHIEU NAULT

Vancouver Island Dental Specialists – DDS, MSc, Dip, Perio, DABP, FRCD(C)



TREATMENT PLANNING



DR. IAIN HART

Vancouver Island Dental Specialists – DMD, Cert. Perio, FRCDC

THE IMPORTANCE OF PATIENT COMMUNICATION IN COMPLEX TREATMENT PLANNING

We are all faced with complex cases that challenge our clinical abilities. The most important aspect of a treatment plan is providing clear and concise communication to effectively explain the objectives and limitations of treatment to our patients.

Using a case presentation, we will highlight how modern technology is used to plan and execute treatment efficiently, and to communicate with all team members, with the ultimate goal of providing successful treatment while minimizing complications and miscommunication.



DR. MATHIEU NAULT

DDS, MSc, Dip, Perio, DABP, FRCD(C)

 VANCOUVER ISLAND DENTAL SPECIALISTS - CLINICIAN

Dr. Mathieu Nault, periodontist- Vancouver Island Dental Specialists (Nanaimo), received his dental degree from Montreal University in 2010 and subsequently completed a general practice residency program (2011) and a fellowship (2012) at the Jewish General Hospital affiliated with McGill University. Dr. Nault practiced as a general dentist in Quebec before completing his post-graduate studies in Periodontics at the University of British Columbia in 2016.

He received numerous awards in the field of dentistry, including the "Nobel Biocare Achievement Award in Osseointegration" for his clinical excellence. Dr. Nault was a clinical instructor at McGill University in 2012-2013. His research interest focused on the role of blood platelets in periodontal diseases.

DR. IAIN HART

DMD, Cert. Perio, FRCDC

 VANCOUVER ISLAND DENTAL SPECIALISTS - CLINICIAN

Dr. Iain Hart, periodontist- Vancouver Island Dental Specialists (Nanaimo), received his dental degree (DMD) from McGill University in 2017 and subsequently completed a general practice residency program (2018) at the University of Washington Medical Center in Seattle, WA. He received numerous awards in the field of dentistry during his time as a student at McGill, and was awarded the Dr. A W Thorton Medal for highest overall achievement in the program.

Dr. Hart was a clinical instructor at the University of Washington in 2019. His research interest focused on the decontamination of implant surfaces affected by peri-implantitis and, prognosis of dental implants

Dr. Hart practiced as a general dentist in both Washington State and British Columbia for 2 years prior to completing his post-graduate studies in Periodontics at the Eastman Institute for Oral Health in Rochester, NY (2023). He is currently a member of the American Academy of Periodontics and the International Team for Implantology.



HYGIENE TEAM

KRISTA – JENNIFER – SHANNON

HYGIENE

WHY AND WHEN TO REFER TO A PERIODONTAL OFFICE

THE UNIQUE ROLE OF THE PERIODONTAL HYGIENIST

“What does a hygienist at a periodontal office do differently than at my general dental office?”

The goal of this presentation is to highlight when and why to refer patients for management of their periodontal health. While periodontists treat many conditions through surgical interventions, a large part of their practice focus is centered on the diagnosis, management and monitoring of periodontal diseases.

The periodontal hygienist has a pivotal role in the care of these patients. Non-surgical therapies are fundamental to managing periodontal and peri-implant diseases, even for those cases that require surgical treatment. While periodontal hygienists have generally started their careers in general practice, continued training and experience with complex cases, access to unique instruments, time allowance for biofilm management/not complicated by taking radiographs/prophies/waiting for doctor exams, allow dedicated treatment to disease monitoring and management.

We will discuss our unique care provider role- allowing us to approach patient care based on collaboration with the periodontist and our referring colleagues.



DR. CHRIS OLYNIK

ORAL SURGERY

CONGENITAL, DEVELOPMENTAL & ACQUIRED DEFORMITIES



This lecture focuses on principles of clinical treatment of congenital, developmental and acquired deformities in the pediatric and adult patient.

The lecture is designed to give the participant awareness of the range of anatomical challenges, as well as an outline of planning and treatment options in craniofacial reconstruction.

Dr. Olynik joined Island Oral Facial and Implant Surgery in the summer of 2013. Originally from Ontario, he attended the University of British Columbia in Vancouver and obtained his Bachelor of Science degree in Animal Physiology in 2004. He received his Doctor of Dental Medicine (D.M.D.) degree from the University of British Columbia in 2008. Dr. Olynik then moved to Houston, Texas to complete a residency in Oral and Maxillofacial Surgery at the University of Texas Health Science Center at Houston and Baylor College of Medicine affiliated hospitals.

In July of 2012 he obtained his Fellowship with the Royal College of Dentists of Canada as a certified specialist in Oral and Maxillofacial Surgery. After completing residency he joined the Department of Oral and Maxillofacial Surgery at the University of Texas Health Science Center at Houston in the Texas Medical Center as an assistant clinical professor.

He is currently affiliated with Nanaimo Regional General Hospital, a consultant with the BC Cancer Agency and a surgeon on the BC Children's Hospital Cleft Lip/Palate and Craniofacial team. Dr. Olynik is a diplomate of the American Board of Oral and Maxillofacial Surgery (ABOMS) and has active memberships with the Canadian Association of Oral and Maxillofacial Surgeons (CAOMS), the British Columbia Association of Oral and Maxillofacial Surgeons, the American Association of Oral and Maxillofacial Surgeons (AAOMS), the American Cleft Palate and Craniofacial Association and the Academy of Osseointegration.



PADDY BRIGGS

PRACTICE MANAGEMENT

YOU CAN BE PART OF AN INCREDIBLE TEAM

BE THE BEST VERSION OF
YOURSELF IN YOUR WORKPLACE

“Alone, we can do so little; together, we can do so much.”

A highly successful practice takes a team of people working collaboratively together with the same vision and the same desire for growth. The purpose of this presentation is to inspire each team member to maximize their full potential – to be the very best version of themselves so they can be part of an “incredible team”!

Listed below are some of the highlights we will cover:

- What does “Be the Best Version of Yourself” mean?
- What does this have to do with team development?
- Why we need to grow as a team.
- How you think determines who you are!
- Move out of your comfort zone; take 100% responsibility for your role in the practice.
- Values; what are they; living your values at work
- Communication is the key in workplace; knowing & understanding the different communication styles of your co-workers.
- What is your commitment to your practice?
- Take action – there is no transformation without taking action.

Paddy Briggs is a highly skilled small business and practice management consultant who specializes in Human Resources Management and Communications.

With more than 25 years of people centered business skills, she presents herself on the leading edge in both developing and presenting comprehensive training programs and practice management consulting. Paddy is also an Author and a Certified Coach.

Contact Info: www.paddybriggs.ca, email – paddybriggsdental@gmail.com



PERIODONTICS

DR. SONIA LEZIY

Vancouver Island Dental Specialists - DDS, Dipl Perio, FCDSBC, FRCDC



CURRENT SOFT TISSUE GRAFTING CONCEPTS FOR TEETH AND IMPLANTS

This course is designed to update participants on the current understanding of soft tissue health and management concepts for the natural dentition and implants.

Enhancing the appearance of the natural dentition is a key part of modern dentistry. Along with periodontal health, having adequate attached keratinized tissue is vital to creating this well-balanced and pleasing gingival structure to complement ceramic modifications of teeth and for implants replacing teeth.

In cases where there is insufficient attached keratinized tissue and exposed root surfaces, it is essential to address tissue deficiencies before undertaking procedures to alter teeth or place implants. Numerous methods to correct inadequate gingival contours and quality have been extensively detailed in the dental literature.

The program will be structured to review the following:

- Gingival grafting: current terminology, recession documentation methods, and grafting material options, considerations for better decisions on recession and gingival phenotype management for both teeth and implants.
- Understand the differences between autogenous and substitute dermal matrix grafts, and when/how these materials are applied and handled to improve outcomes. Case illustrations will be used to emphasize the achievable outcomes with various materials and techniques.
- The role of digital patient monitoring apps in guiding gingival grafting treatment decisions.



DR. SONIA LEZIY

DDS, DIPL PERIO, FCDS(BC), FRCDC(C)

 VANCOUVER ISLAND DENTAL SPECIALISTS - CLINICIAN

Dr. Leziy, periodontist- Vancouver Island Dental Specialists (Nanaimo), completed her dental degree (DDS) at McGill University, and post-graduate degree in Periodontics at the University of British Columbia. She is a Fellow of the Royal College of Dentists of Canada, a Fellow of the ICOI, and a member of the Canadian Academy of Periodontists, the American Academy of Periodontists, and the American Academy of Esthetic Dentistry.

Dr. Leziy maintains positions on several editorial boards. She is the implant editor for the journal *Inside Dentistry* (Aegis publishing), a key-opinion clinician with Straumann and 3Shape. She is published in numerous peer-reviewed journals and text chapters.

Dr. Leziy lectures internationally on a broad range of topics including implants, digital workflows, and periodontal plastic surgery. She has been recognized among the top 100 clinicians in continuing education by *Dentistry Today* from 2007 to the present, recipient of the Lucy Hobbs Award (2012), co-recipient of the Seattle Study Club Saul Schluger Award (2013), recipient of the AAED Distinguished Lecturer Award (2022), and the Distinguished Lecturer Award from the Greater NY Academy of Prosthodontics (2022).